



## POLICY DOCUMENTS

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### LIABILITY

I, [you the client], hereby release Deborah Gillham [trading as Eden Grace Hypnotherapy] from any liability or claims that could be made against (her/the business) concerning my mental and/or physical well-being during the work that has been outlined and agreed upon (now and in the future) by filling out this form.

### SCOPE OF PRACTICE

I understand that Deborah Gillham [Eden Grace Hypnotherapy] is not a licensed physician, psychologist, or medical practitioner of any kind and that hypnosis should not be considered a replacement for the advice and/or services of a psychiatrist, psychologist, psychotherapist or doctor.

### PARTICIPATION

I give Deborah Gillham [Eden Grace Hypnotherapy] full permission to hypnotise me and to use Rapid Transformational Therapy which may include (but not limited to) relaxation and regression techniques – knowing that by participating fully in the process and by listening to my personalised recording for 21 days, I play an important role in my overall success.

### GUARANTEE

I understand that although Rapid Transformational Therapy has an incredibly high success rate, Deborah Gillham [Eden Grace Hypnotherapy] cannot and does not guarantee results since my own personal success depends on many factors that Deborah Gillham [Eden Grace Hypnotherapy] has no control over, including my willingness and desire to affect the changes inside of myself.

### DEEPENING PROCESS [in person sessions only]

I hereby grant permission for Deborah Gillham [Eden Grace Hypnotherapy] to respectfully lift my arm, touch my shoulder, or rock my head during my Rapid Transformational session(s) in order to help facilitate the hypnotic deepening process.

### DATA COLLECTION AND CONFIDENTIALITY

The information collected by Deborah Gillham [Eden Grace Hypnotherapy] will be used for the sole purpose of gaining information pertaining to the RTT session. All data is kept securely and privately on file for a minimum of 3 years. After that time, all information will be disposed of in a secure manner. Paper files are kept in a secured, locked filing system only accessible to Deborah Gillham [Eden Grace Hypnotherapy] however:

I consent that Deborah Gillham [Eden Grace Hypnotherapy] may release information to a specific individual or agency if it has been determined that a child or elder is at risk of or is currently being abused; if I, as a client, am in imminent danger to myself or others; or if a subpoena of records has been requested. I also understand that, at any time, Deborah Gillham [Eden Grace Hypnotherapy] may discuss aspects of my case with other colleagues keeping my full name and identity completely confidential always unless I have given permission otherwise.

### SESSION RECORDINGS

Due to the enormity of the Transformational recordings, all recordings are deleted 7 days after the RTT session date. Lost recordings on client's behalf will need to be re-recorded - therefore - re-purchased [price will be negotiated if this event occurs].

### PRE-SESSION/S

Before taking part in any Rapid Transformational Hypnotherapy [RTT] session, please ensure that you:

1. Do not suffer from epilepsy, schizophrenia or borderline personality disorder.
2. That you will be free from alcohol or drugs prior to and during your RTT session.
3. Set yourself up for success by ensuring that you are in a safe, comfortable, distraction free environment during the RTT session.

### FEES

Full payment should be paid at time of booking the full 90 minute RTT session. A payment/booking link will be sent to your nominated email address by Eden Grace Hypnotherapy.



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### CANCELLATIONS

Please be respectful of each other's time. If you must cancel, please give at least 48 hours notice prior to the booking date.

- **Cancellations made WITH 48 hours (or more) notice will be given a full refund,**
- **Cancellations made with LESS THAN 48 hours notice will be charged the FULL session fee with no refund**  
[this is due to loss of the session time slot that will not be able to be filled with such short notice].

### DISCLAIMER

Rapid Transformational Therapy is considered 'Complimentary Therapy' and it is advised that you should consult your doctor, medical health professional or clinical psychologist / psychiatrist / therapist prior to booking a session to discuss whether this form of therapy is suitable for you. **Rapid Transformational Therapy is NOT suitable for clients with epilepsy or clients on with a psychotic illness.**



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